Dept. of Hotel Management

Second Year

*Narration*

We usually eat three meals a day .We eat breakfast in the morning . Some people like light breakfast. Others prefer a hearty meal. People in the United States eat lunch at midday and dinner in the evening . Dinner is the big meal of the day . On Sunday and holidays , they often eat dinner in the afternoon. A dinner may also be a formal occasion . If a person eats a big lunch in the afternoon , he perhaps will not want a big dinner. Then later , he will eat supper. Super is usually a light meal.

*Discussion*

1- when do you have breakfast ?

2-How many meals do we have ?

3- What do you think is better , a heavy meal or a light one ?

4- What is the big meal of the day ?

5- Give an example about the United States ?

Q1\ Make a conversation about your favorite meal .

Q2\ Make a group discussion about types of meals in the world.

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